



January 2023

Best wishes for the New Year

We expect 2023 to be a difficult year for many of us. We hope this double-size newsletter provides some useful contacts for you.

The Foodbank Team

REMEMBER You can always come in to see our Citizens' Advice professional on any for help and advice : 11 – 2.00 at North Street or 10.00 – 12.00 at Bournville Family Centre on Tuesdays.



Warm Home Discount Scheme

If you are in receipt of benefit(s) or are on low income, you may be eligible for the government's 'Warm House Discount Scheme' amounting to £150. If you haven't been notified that you are eligible you can check in at

[Warm Home Discount - Are You Eligible And How To Claim | GrownUpMoney](#)

Want to save money on your water bill ?

Here are some useful tips from Wessex Water ([wessexwater.co.uk/contactus](https://www.wessexwater.co.uk/contactus)) :

Showering - keep it short. A minute off a shower each day can save up to £50 a year !

Washing machine - only use **full** loads.

Dripping taps - a dripping tap can cost up to £20 per year.

If you spot a leak from pipes in your area contact Wessex Water 03456004600

Did you know that there are VERY MANY sources of help and advice in North Somerset. The second sheet of our newsletter is the 'In-Crisis' info-sheet produced by KeySteps and Weston Churches.

We can supply you with more copies of the leaflet if you want to pass them on.



Purple Sheep Lounge

We'll be open twice a week from 1st December, offering a warm welcome with hot drinks and fresh snacks from the Community Kitchen.

Join us on Tuesdays and Thursdays, 9.30-11.30am.

NON-MEMBERS WELCOME



Pantry Update

We aim to open the Community Pantry in early 2023, providing members with a weekly supply of low-cost groceries.

Membership

Membership is for anyone who's part of the Ashcombe & Milton community, whether you live or work here, or are actively involved in community life.

As a member, you can:

- join the waiting list for the Pantry (max 30 households)
- attend workshops and batch-cooks
- join a buying group (bulk buying from suppliers like Essential and Suma)
- lend a hand in the Pantry or Kitchen
- take part in community cook-ups and social events
- bring your own community food ideas and start something new

Membership is £5 per year. Pantry subs will be £4.50 per week, and for other activities, there may be a small charge to cover costs. To join, come along when we're open and we'll sign you up!

Supplies are limited so membership is only open to those who are not members of another food club.



The Silver Line Helpline

The Silver Line Helpline is a free telephone service just for older people. We provide friendship and support 24 hours a day, 7 days a week.

<https://www.thesilverline.org.uk/>

More than 40 Community Living Rooms are now open across North Somerset as free and welcoming spaces for anyone who needs extra support to keep warm this winter.

North Somerset Council has worked with numerous organisations and community groups to help set up free Community Living Rooms across the region in direct response to the Cost-of-Living crisis with libraries, community centres, faith groups and many more stepping forward and opening their doors as dedicated warm spaces.

To help find your nearest Community Living Room, a new interactive map is available at Community Living Rooms (n-somerset.gov.uk). Click on a map pin for more detail including address, opening times and facilities available.

11/2022

in-Crisis info-Sheet

help with

homelessness and related issues in Weston-super-Mare

Winter 2022/23

Regularly updated PDF version available
www.KeySteps.org.uk/in-crisis-leaflet/

Created by KeySteps
with support from
Churches Together
Weston and District &
Church Urban Fund



KeySteps

Monday Drop-in sessions restart Nov 7th: 10am - 2pm
Bond applications, homeless information and signpost
St John's Hall, Boulevard, WSM 01934 617617
office@keysteps.org.uk, www.keysteps.org.uk

YMCA HOMELESS OUTREACH SUPPORT

Help, advice and support for people who are rough sleepers or at risk of becoming a rough sleeper. Based at the We office, 138 High Street. Please telephone on 01934 628 office, to make an appointment to speak with the team.
Drop-ins at Somewhere to Go: Weds 11am - 12pm.
Early morning Outreach Wellbeing Walks through the w Town Centre, Beach Front, Grove Park.

NORTH SOMERSET COUNCIL HOMELESS PREVENTION TEAM

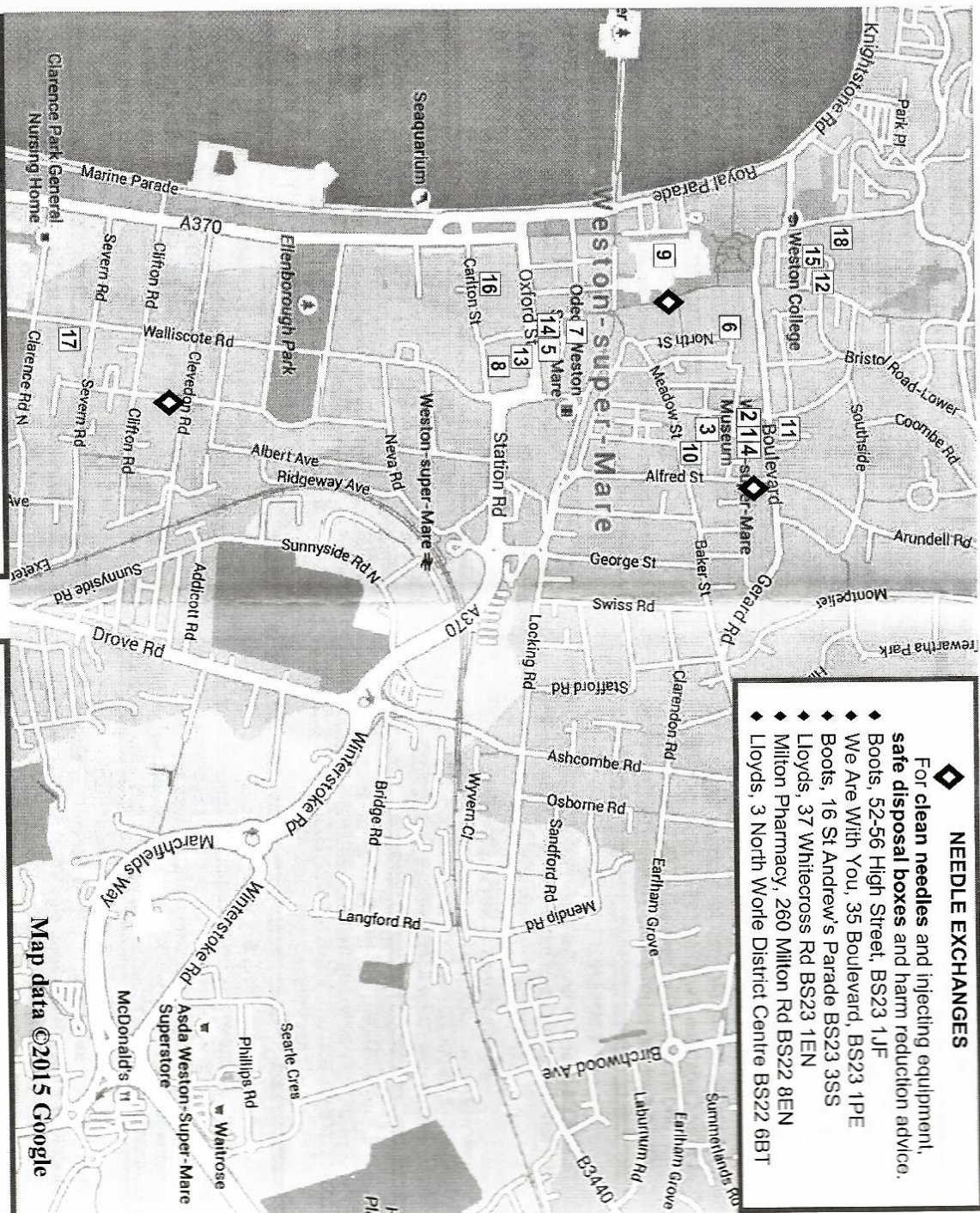
All clients, where able, should complete a self-service application <https://live.housingjigsaw.co.uk/>
A team member will call back within 24 hours.
Any person who is homeless that day will need to ring 01934 426330 or email HP.Triage@n-somerset.gov
(Out of hours emergencies 01454 615165)

CHRISTIANS AGAINST POVERTY

FREE debt-help in Weston-super-Mare - if you are fee weighed down by debt, then we can help. 0800 328 00

NEEDLE EXCHANGES

- For clean needles and injecting equipment, safe disposal boxes and harm reduction advice.
- Boots, 52-56 High Street, BS23 1JF
 - We Are With You, 35 Boulevard, BS23 1PE
 - Boots, 16 St Andrew's Parade BS23 3SS
 - Lloyds, 37 Whitecross Rd BS23 1EN
 - Milton Pharmacy, 260 Milton Rd BS22 8EN
 - Lloyds, 3 North Worle District Centre BS22 6BT



Map data ©2015 Google

1. St John's Hall, 4-6 Boulevard, BS23 1NA,
KeySteps; Somewhere To Go
(Alliance, Nurses, YMCA, CANS)
2. Safe Haven, 4 Boulevard, BS23 1NN
3. MFA, Weston Museum, Burlington St, BS23 1PR
4. We Are With You, 35 Boulevard, BS23 1PE
5. Citizens Advice N. Som, 39 Oxford St, BS23 1TN
6. Foodbank, North St, BS23 1QF
7. Job Centre Plus, Regent Hs, High St, BS23 1JH
8. Town Hall, Walliscote Grove, BS23 1UJ

9. Fridge of Free Stuff, Sovereign Centre, BS23 1HL
10. British Legion, 77 Meadow Street, BS23 1QL
11. Boulevard URC, Waterloo Street, BS23 1LF
12. YMCA Weston Office, 138 High Street, BS23 6HE
13. Emmanuel Church, Oxford St, BS23 1TN
14. Friends Meeting House, High Street BS23 1JF
15. The Stable Food Shop, 3-6 Wadhams Street, BS23 1JY
16. Salvation Army, Carlton St, BS23 1UA
17. St Paul's Church, Walliscote Rd, BS23 1EF
18. Feeding the Homeless WSM, Grove Park, BS23 2AF

PUBLIC LIVING ROOMS / WARM SPACES

North Somerset Council and its partners in the North Somerset Together network are working together to develop a network of public living rooms across the area to help people keep warm this winter. A directory of all venues will be available on the NSC Cost of Living web-page.
<https://www.n-somerset.gov.uk/ccl>

ALLIANCE SUPPORT SERVICE

Need a housing support worker to help with accommodation, debts and benefits issues? Looking for work/education/training opportunities? Going into hospital, have health needs or are a carer for someone else?

Tel: 03000 120 120 option 3 for referral or go to <https://www.alliancehomesgroup.org.uk/>
This is a free service for all ages funded by NSC

MULTICULTURAL FRIENDSHIP ASSOCIATION (MFA)

A social friendship group that can help with signposting and which provides general support for people of all cultures living in Weston-super-Mare and surrounding area. Meet up every other Tuesday 12.30 pm - 14.30 pm c/o Weston Museum, Learning Education Room, Burlington St, WSM, BS23 1PR **Tel: 07587335963**

SAFE HAVEN

Expert help for anyone over 16 who is feeling overwhelmed, distressed or struggling with their mental health. The team offers telephone, Zoom and face to face support from the new Crisis & Recovery Centre at 4, Boulevard, WSM. Open every day from 4pm until midnight.

Please call or email to arrange an appointment.
Tel: 01934 313480 or email refer.safehaven@nhs.net
(No Drop-ins. Unable to administer or prescribe medication.)

JOB CENTRE PLUS

For up-to-date information about online and telephone services please call: 0800 169 0190
Apply for benefits as soon as possible, you may then be able to apply for further emergency assistance through the Jobcentre or North Somerset Council. If you are in hardship you can also apply for a Short-Term Advance to cover the time while your application is being processed.

CITIZENS ADVICE NORTH SOMERSET

Free, independent, confidential and impartial advice and information on a wide range of subjects. Get in touch by phone, or online. We are unable to offer face to face services at the moment.

Online - www.citizensadvice.org.uk
Phone - **0800 144 8848** (Mon-Fri 9am-5pm)
Client line - **01934 836200**
Universal Credit Help to Claim - **0800 144 8 444**

Meals, Friendship and Support

SOMEWHERE TO GO

Open Monday - Friday 10.30am - 2.00pm
Change of clothes / sleeping bags / showers / Foodbank vouchers / food parcels / Community Nurses
Free Breakfast 10.30 - 11.00am (Mon to Fri)
£1 Lunch 12.30pm - 1.30pm (Mon, Wed, Thurs, Fri)
St John's Hall, Boulevard, WSM, BS23 1NA **01934 641880**

Comfort and Warmth at Christmas

Somewhere To Go will be open for lunches 10am - 3pm for 4 days from Christmas Eve (24th, 25th, 26th, 27th December) and then on New Year's Day (Sun 1st Jan).
Open again as normal from Tuesday 3rd Jan 2023

EMMANUEL CHURCH

The Beacon - every Tuesday 12.00pm - 1.30pm
Hot lunches at 12.30pm followed by optional Christian fellowship with tea & cake.

Winter Warmth Evening Meals

Every Sunday - October 30th until March 19th 2023
6.30pm - 8.00pm for hot meal & warm place to socialise.
Emmanuel Church, Oxford Street, BS23 1TN

FEEDING THE HOMELESS WSM

Currently providing free food and hot drinks
Mon & Weds - 5.45pm, Thurs & Sun - 5.00pm, Fri - 6.00pm
Grove Park, Lovers Walk, WSM

KING'S TABLE

Thursdays 5pm, starting 3rd November. We are offering a warm space, with a free hot meal & pudding, to anyone in the community who needs it, with tea & coffee afterwards. Everyone welcome, all ages. St Paul's Church Walliscote Rd.

THE STABLE FOOD SHOP

Join our community food club. Low prices - Less waste.
Monday & Friday 10am-3pm, plus Thursday 10am-7pm.
3-6 Wadham Street, WSM, BS23 1JY

WESTON FOODBANK

For an emergency food parcel, you will need a voucher from a support agency that knows you and your situation, such as Citizens Advice, North Somerset Welfare Team, schools, We Are With You, health and housing agencies etc.
Currently serving clients at the door at North Street Mon, Wed, Fri 11.00am - 2.30pm (please arrive by 2.15pm and bring strong bags if possible).
Also at Milton Baptist Church Tue/Thur 10.00am -12.00pm
Family Centre Chaucer Rd Tue/Fri 10.00am -12.00pm
Banwell Youth Centre Tue/Thur 10.00am -12.00pm
info@wsmfoodbank.org.uk

THE FRIDGE OF FREE STUFF - COMMUNITY FRIDGE

Monday - Friday 11am until we run out of food
The Sovereign, High Street, WSM, BS23 1HL
communityfridgewsm@gmail.com

WE ARE WITH YOU

Advice & help for anyone affected by substance/alcohol misuse. We're making more use of phones and online appointments to support you, but there may be times when you need to come into your local service, please ring first.
35 Boulevard, WSM, BS23 1PE **Tel: 01934 427940**

NORTH SOMERSET COMMUNITY HUB

Free courses, workshops, drop ins, food bank vouchers.
Book 1:1 sessions with Salvation Army, Team North Somerset etc. plus counselling for those in total abstinence. We can issue free (for 02, Vodafone or Three Mobile) 20GB per month for 6 months, unlimited calls and texts.
For info: www.northsomerset-training.org **07402676781**, nstclasses@gmail.com or pop in 9:30am - 2pm Mon - Fri.
30 Alexandra Parade, WSM, BS23 1QZ

WESTCOUNTRY SAVINGS & LOANS

A not-for-profit Credit Union owned by over 3,000 members throughout the South-West. We offer ethical and affordable loans, a range of savings accounts for children, adults and employees as well as free financial well-being information and community events. Visit westcountry.org.uk or you can call us weekdays 10am - 1pm on **0800 304 7041**.

COMMUNITY OUTREACH NURSES

Drop-ins for homeless and vulnerable adults within Weston. Somewhere to Go: 10.30am - 2.00pm on Mon/Tue/Thurs/Fri (11.30am start on Weds). We help people register with GPs, dentists, provide general health advice, complete health checks, wound dressings & sign-post onto other agencies - such as Mental Health. **Tel: Becky 07825753240**

WESTON-SUPER-MARE ROYAL BRITISH LEGION

Help in for service and ex-service personnel and their families. Touchpoint drop-in Tues & Thurs 10.00am - 2.00pm, 77 Meadow Street, WSM

Local: 01934 707020 National Helpline: 0800 802 8080

SALVATION ARMY

Assists with basic clothing & travel (in a crisis).
Drop in for Emergency Food on Thursdays between 2-4pm.
Carlton Street, WSM, BS23 1UA **01934 425134**
SA Employment Plus 1:1 support sessions at Carlton Street, by appointment only on Tue & Wed 10am - 3pm,
Email: june.chaine@salvationarmy.org.uk
Mob: **07341637336** - or Freephone **0800 652 4276**
and www.salvationarmy.org.uk/employment-plus